Eastern PA Regional Service Minutes
Date: April 5, 2009

- **2:10 pm - Meeting called to order with the Serenity Prayer by chairperson, Todd S.**
- **12 Traditions read by: Ralph F.**
- **12 Concepts read by: Matt**
- **Roll Call (secretary takes roll call):**

RSC Chair	Todd S. - present
RSC Co-Chair	Tom F. - present
Secretary	Michelle A. - present
Co-Secretary	***Position Open***
Treasurer	Tim R. - present
Co-Treasurer	***Position Open***
H & I	Jessica F. - present
PI/Helpline	***Position Open***
Activities	Jim M. - absent
Policy	***Position Open***
Communications	Michael J. - present
Regional Delegate	Merle H. - present
RD Alt.	***Position Open***
RCM Bucks Co.	Marc C. - present
RCM Mont. Co.	Rina E. - present
RCM Pure & Simple	Jamie B. - present
RCM Twin Rivers	Ralph F. - present

- **Quorum is met - 4/4**
- **Last regional meeting's minutes read by:** Secretary, Michelle A.

Motion to read from New Business only by Tim R., 2nd by Merle H. Motion accepted by All.

Area Reports:

Bucks County Area: RCM –Marc C., Alt. RCM Rich K. – $350 donation.

There should be a convention but there are issues with attendance at sub-committees.

Montgomery County Area: RCM – Rina E., Alt. RCM: Vacant – $338.83 donation.

The PI/H&I Learning Day will be held Saturday, May 9th from 12pm to 6pm at Jenkintown United Methodist Church at Walnut & Summit Lanes in Jenkintown.

Meeting change: "We Need a Miracle" Friday 8-9:15pm in Willow Grove lost their meeting place. They are looking to relocate.

Pure and Simple Area: RCM – Jamie B., Alt. RCM - Vacant – $385.82 donation.

Hello EPARNA, I am excited to introduce myself as Pure & Simple's new RCM. I am looking forward to being in service as the RCM for the next year.
Pure & Simple Area currently has 24 meetings and 7 running sub-committees (H&I, PI, Policy, Literature, Meeting List, Unity and Outreach).
We had elections last month and now have 8 open positions (Vice Chair, Vice Secretary, Lit Chair, Alt RCM, Meeting List Chair, Unity Chair and Outreach Chair).

Subcommittees:
H&I – Our new H&I Chair, Frank, plans on making Region regularly. So any issues will be heard from Region's H&I Committee.
PI – PI is planning a Poster Rally for April 25th with a continental breakfast. Nick K was voted in as the new Chair for PI.
Unity – This committee held a Unity Day on March 28th. There was a speaker jam, dinner and karaoke.

New Business – The Outreach portion of our Unity committee brought a motion to the area to become it's own functioning sub-

committee. The Outreach sub-committee plans on assisting new GSR's at Area and bringing meetings and literature to those in need and supporting groups within the area. The motion passed.

In Loving Service,

Jamie B

Twin Rivers Area: RCM – Ralph F., Alt. RCM: Vacant – No donation.

Hi family. Thank you for welcoming me to your Region, as well as for Twin Rivers.

We have 10 home groups. Sub-committees are Literature, Policy and a joint H&I/PI.

Our next Policy meeting is April 18th at 1pm. H&I/PI will meet on April 19th at 1pm. Our next ASC is April 25th.

We are still awaiting motions from LAANA to let go of certain commitments like N.C.P. Detention, womens facility.

In Loving Service,
Ralph F.

Chair, Todd S, welcomed Twin Rivers and reminded everyone to bring people out to get involved.

Per discussion, Ralph F will stay in contact with H&I Chair, Jessica F, to keep updated on what is going on with H&I commitments in the Twin Rivers Area.

Regional Delegate Report: RD –Merle H.

Hello to everyone,

MARLCNA:
I attended MARLCNA on February 13-14, 2009. Members of the World Board provided us with a NAWS update.
Online survey open to all members to gather fellowship input for the book project, "Living Clean." Participate by going to HYPERLINK "http://www.na.org/conference/LC/index.htm" http://www.na.org/conference/LC/index.htm
EPARNA does not have a Literature Review Committee, but NAWS encourages everyone to look at new material which can be viewed on the NAWS website, and then to provide input. This can be done on an individual basis, or even as a home group.

Updated tools for the Issue Discussion Topics for this cycle- Building Communication, Leadership, and Our Freedom, Our Responsibility. These tools are available online at HYPERLINK "http://www.na.org/IDT/IDT.htm" http://www.na.org/IDT/IDT.htm
We participated in large and small group discussions. I can provide these tools to any group/area who would like to use them or try them out.

There will be Worldwide workshops scheduled in Boston, Massachusets, November 20-22, 2009. Details about this event is available at: HYPERLINK "http://www.na.org/nawsevents/event-reg" http://www.na.org/nawsevents/event-reg

There is a new version of the website for the Fellowship of Narcotics Anonymous. It includes new design features focused on user-friendliness. Please look around and test it out. If you see problems, please email HYPERLINK "mailto:webmaster@na.org" webmaster@na.org

There is a new form for the Human Resource Panel, available in March. If interested, please ask about deadlines.

Florida Symposium:
I attended the Florida Symposium March 12-15, 2009. This was a trusted servants experience hosted by the Florida Region and supported by NAWS. At this symposium, some of the workshops I attended included; Building Communication, Our Freedom, Our Responsibility, Leadership, several review and input workshops for newly written literature (including Living Clean, The Journey Continues, Giving It Away, and Keeping It). There was also an extensive workshop about technology. I shared information with our webservant, who has been in contact with one of the leaders of that workshop.

Area support:
Over the past two months I have attended Montco Area Service and Twin River Area Service meetings. I attend these ASC meetings to offer regional support. It has been requested that I hold a Building Communication workshop in conjunction with the Montco Area's

Unity Day on May 9, 2009.

I am beginning to plan for the Autonomy Zonal Forum, which will be hosted by our region on July 25, 2009 at the Jenkintown United Methodist Church, (Walnut and Summit Ave, Jenkintown, PA) from 11:00 am to 5:00 pm. Lunch will be served, and there will be a recovery meeting at the same location that evening. If anyone is available to assist with this event, please let me know. I will need help.

I have turned in receipts to our treasurer for reimbursement from MARLCNA and the Florida Symposium.

In loving service,
Merle H.
RD EPARNA

There will be a motion made for $89.04 to cover the amount that was over budget from the Florida Symposium.

Check out this area website: www.sasna.org Very neat to see!

Subcommittee Reports:

H&I: Jessica F. – Chair – We are talking with Michael J from Communications about expanding H&I information on the EPARNA website to include speaker sign-up for H&I meetings among other things. We are waiting to hear back from all the area's to see how they would like to handle the speaker sign-up's online. We are still waiting to hear from MontCo Area as to when they will be holding their H&I Learning Day. Each H&I Chair received EPARNA business cards to distribute to their committees. We currently have 27 meetings in the region not including Twin Rivers numbers yet. Some of us are going to attend the Twin Rivers Area in Easton to support their H&I sub-committee.
All H&I sub-committees need support. Please let people know that Regional H&I needs a co-chair badly.
In Loving Service,
Jessica F.
Amendment: The MontCo H&I/PI Learning Day will take place on Saturday, May 9th from 12pm-6pm at Jenkintown United Methodist Church in Jenkintown, PA.

Communications: Chair - Michael J. –

Greetings! The Communications Committee met today and last month. All committee members were in attendance at both meetings, however none of the Area Meeting List Chairs have attended the last two meetings.

The Twin Rivers meetings have been added to the eparna.org website meeting list page. This will mean the Twin Rivers Meetings are now accessible to the Phone Line Operators.

Unfortunately, the Twin Rivers meetings did not make it in time for the current printing of the Multi-Regional Meeting List. The Committee will make sure they are included in the next printing.

The Committee created a new sub-committee service position, Meeting List Coordinator. This servant will be responsible for maintaining the accuracy of the meeting list on the eparna.org website and with GPRNA. They will also be the single point of contact between the Areas and the committee to request changes to the meeting list database. Beth B. was elected to this position. Beth has already spent much of her time combing through the Multi-Regional Meeting List and the EPARNA database to find many much needed changes. We are happy to have Beth be apart of the subcommittee and look forward to being of service with her. Beth can be contacted at meetinglist@eparna.org.

Last month I spoke with the P&S H&I chair and some of the committee members about setting up and area on the website so they can post documents and update info for the H&I committee. They also will be taking advantage of the offer we made to create email address for committee use.

RCM'S / MEETING LIST CHAIRS: PLEASE NOTE. Philadelphia has asked that in order for a meeting to be considered Wheelchair Accessible, it MUST have NO steps. Flat Surface entrances ONLY. This is very important. Wheelchairs must be able to enter and leave your meeting without any assistance. PLEASE announce this at your Area meeting and advise the sub-committee if any changes are required to the meeting list.

Multi-regional meeting list be going up in price beginning in June. The current price of 30 cents will be going up to 35 cents.

Merle was in Florida and attended some really cool website presentations. She passed my email along to one of the web servants who contacted me with some info on the meeting list map they use on their site. Check the map out at http:///www.sasna.org . The code used on that site is similar to a map that we have been testing ourselves. The code is based on goolge's map API. We have found a difficult hurdle that will take some crafty coding to get over. If two or more meetings use the same location on different nights, one of the meetings will not be flagged on the map. The problem is one flag will be covering another flag. Sasna.org has not found a solution to this either; they currently don't have any meeting that use the same facility. If anyone knows any javascript gurus who would be willing to help out with this, please ask them to attend the monthly subcommittee meeting.

In Loving Service,
Michael J.

Phoneline: Coordinator – Tim R. (Presented by Michael J.)

Good Afternoon Family,

Our phone line has been busy. We had 46 calls into the phone line in March. They broke down as follows: Meeting list-30; 12 step-7; Info-7; Out of Area-4; Hang up or WCB-5. If you are doing the math that adds up to 63 calls. Once again, certain calls fall into multiple categories and for accuracy's sake they were recorded twice.

I received an email from Christine Grosso, the Paetec representative, in reference to the billing of our 800#. They have found the problem and will be billing us soon. They requested an address that was not a PO Box. I provided my home address as a reference but requested that all billing be sent to the Regional address.

The Webservant and I spoke about getting the new phone number in the blue pages of the phone book. The United Way handles this function for the phone company. I was finally able to reach them and our number will be in the Bucks County Blue Pages next printing. I am in the process of getting our number added in MontCo & Philadelphia.

It appears that Greater Philadelphia Phoneline will be using Ansercomm as their provider.

More will be revealed.

In Loving Service,
Tim R.

Activities: Jim M. – Chair (Presented by Tom F)

P&S area was the only area to send a report and the Activities Chair wasn't in attendance. This is the P&S report:

Chair & Vice-chair: Positions open

Our sub-committee is doing well and receiving an ample amount of support.

Our Outreach has broken off from Unity to becoming its own standing sub-committee. This will enable the Unity sub-committee to spend more time planning events and organizing monthly road trips to meetings outside the P&S area.

Our Unity Day was a great success. It was held on March 28th at St Michael's in Sellersville and began at 2:30pm. We started off with a mini speaker jam followed by a dinner. All 3 speakers carried a strong message of recovery. Dinner included a sandwich, bag of chips, a cookie and a drink. We also offer a vegetarian dish. The karaoke portion of the night was a lot of fun. We have already received a lot of input from newcomers that the Unity Day proved to them that they can live and enjoy life without the use of drugs.

A golf outing has been put on the back burner for the time being. We have also discussed a pool tournament.

I am no longer the Unity Chair. We are hoping someone steps up at the next area. There are approximately 10 of us now serving on the sub-committee and will continue to do so. More will be revealed.

In Loving Service,
Beth B.

Merle asked RCM's if each area has a Unity/Activities Chair. Todd S asked that we move that discussion to New Business.

PI: Tom F – Sub-committee member

PI met today at 1:00pm.

MontCo e-mailed report, read by Rina E.
They will be having Learning Day on Saturday, May 9th from 12pm-6pm at Jenkintown United Methodist Church in Jenkintown, PA.

Bucks County has place literature in racks at Good Friends, Libertae and Livengrin. They had a Learning Day March 21st that went well and they have a new literature rep, Tyler.

P&S will hold a Poster Rally on April 25th following Early Step Group at approximately 11:30am with a free continental breakfast. They would like volunteers by people with cars to drive and hang posters. If you would like to help just show up or call Nick K at 215-804-7825.

We gave business cards to Twin Rivers, P&S, MontCo and Bucks PI and H&I. A few cards were given to the RD and some to RCMs. All of MontCo's went to Rina B and Twin Rivers to Ralph F.

ILS,
Tom Frey

Treasurers Report: Tim R – Treasurer

Report attached with e-mail.

*****B R E A K*****

Old Business:

Open positions are as follows: Co-Secretary, Co-Treasurer, PI Chair, Policy Chair & RD Alt.

New Business from Areas:

Bucks County: none.
Montgomery County: none.
Pure & Simple: none.
Twin Rivers: none.

New Business from RD:

Motion: To reimburse an additional $89.04 for expenses over budget for Florida Symposium to be fully self-supporting and I am a trusted servant – made by Merle H. Passed 4-0-0

New Business from Subcommittees:

H&I: none.
PI: none.
Communications: none.
Activities: none.
Policy: none.

Open Forum:

Todd S brought up topic of getting meeting lists from Region to areas. To order lists from Phila RSO and have them shipped a minimum order of $150 must be placed. Communications/Michael J. will gather what information he can. P&S was expecting lists; she will order on her own and be reimbursed at next RSC. Twin Rivers and P&S will communicate with Michael J by 2 weeks before

next RSC if they need an order placed. Tim R mentioned that Twin Rivers may not want to purchase lists if their area feels they are geographically too far from the meetings provided on the Regional List.
Todd S brought up that we may want to make a donation to the United Way as they are getting our 800# into the phone books blue pages. Jamie B brought up that we could be violating traditions. Michael J said that we have been in this before and wondered if we ever made a donation before. No one was sure. We will table issue.

Discussion started about EPARNA having a convention. Merle said that a motion was made about this region holding off on conventions. It was decided a while back that we would wait a time period until the region had positions all filled.

Todd S made a point to stress the lack of involvement of the area sub-committee chairs. Jessica F suggested writing a letter to the area's on behalf of the region explaining who should be attending here and at sub-committees and why.

Follow up on the Glenside Center: The Steering committee sued the township. In the end, they lost and have one appeal left.

Please let your area's know if a group is in need of insurance information they do not need to wait until Region meets to request it. Contact secretary, Michelle a, at 215-760-6840 or michelleealbert@gmail.com.

If you have any interest in literature review, Jeff B from Mid-Atlantic region has expressed his willingness to guide and help people in anyway he can. His contact # is 570-371-7802.
Merle added that a timeframe has been set to get literature out. Freestate is trying to get the process slowed down as it doesn't leave much time for review and approval.

Zonal Forum will be held July 25th in Jenkintown. Merle is asking for our support. We will discuss further at next RSC.

Meeting closed with the Serenity Prayer @ 4:10 pm.

Upcoming Regional Meeting Dates:

Regional Services	Subcommittees
June 7th at 2 pm	May 3rd and June 7th at 1 pm
August 2nd at 2 pm	July 5th and August 2nd at 1 pm
October 4th at 2 pm	September 6th and October 4th at 1 pm
December 6th at 2 pm	November 1st and December 6th at 1 pm

**Dates and times are subject to change.*