Eastern PA Regional Service Minutes
Date: December 6, 2009

- **2:02 pm - Meeting called to order with the Serenity Prayer by chairperson, Todd S.**
- **12 Traditions read by: John S**
- **12 Concepts read by: Nick E**
- **Roll Call:**

RSC Chair	Todd S. - present
RSC Co-Chair	Tom F. – present
Secretary	Michelle C. - present
Co-Secretary	***Position Open***
Treasurer	Tim R. - present
Co-Treasurer	***Position Open***
H & I	John S. - present
PI	***Position Open***
Activities	***Position Open***
Policy	***Position Open***
Communications	Michael J. - present
Regional Delegate	Merle H. - present
RD Alt.	***Position Open***
RCM Bucks Co.	Marc C. – present
RCM Mont. Co.	Rina E. – present
RCM Pure & Simple	Jamie B. – present
RCM Twin Rivers	Ralph F. – present

- **Quorum is met – 4/4**
- **Last regional meeting's minutes read by:** Michelle C, secretary

Motion to read from New Business only by Tim R., 2nd by Michael J. Motion accepted by All.

Corrections to last months minutes: 'Elections' should say 'Nominations' under New Business.

Motion to accept minutes with correction by: All

Area Reports:

Bucks County Area: RCM –Marc C.

Elections were held in October and most all positions are taken.
Donations: Oct $0 Nov $350 Total Donation: $350
Alt RCM will need to be filled.
Bucks County Convention on 2/26, 2/27, 2/28 of 2010

Marc C (RCM)

Montgomery County Area: RCM – Rina E.

We had nominations for open positions in November. All positions are open. Elections will be held on December 27th at 12pm.

There is a new group joining our area. It is the Abington Hospital group. They have been in existence in Philadelphia Area for 23 years. They decided to join MontCo Area to get more exposure to a strong area and gain support. We welcome them and are looking into holding a Unity event at their facility which is at Abington Hospital and is held in the Beardwood Auditorium in the basement level of the hospital.

The H&I subcommittee is doing well. The PI subcommittee is also doing well.

The Unity subcommittee is doing well and is unable to find a facility to host a holiday event so it will not be having a holiday event.

There is no area donation this month.

Pure and Simple Area: RCM – Jamie B.

Hello EPARNA,

The Pure and Simple Area has met twice since the Region on October 11 and November 8th. There are currently 25 meetings in our area.

Our H&I committee currently has 6 meetings, however H& I has been talking about the possibility of having to close meetings if there are no members willing to chair. The H&I Chair regularly attends region.

Our PI committee has also verbalized their need for support and at times there are only two members at the sub-committee meetings. Our PI chair also attends region regularly. The area did motion to have a learning day to explain the importance of service and help round up support. There has not been a date set yet.

Our Unity Committee had a bowling day last month that was well attended and fun was had! The committee has also planned a Unity Day Jan 30 2:30-10 pm at St Michael's Church 25 E Church St Sellersville PA 18960.

Old Business
Our Area did have our annual Inventory on November 15, 2009. The area Planning Tool was used to find three areas that are in need of improvement:

Sense of Unity fostered within the Area Service Body
How the area fosters willingness of the local fellowship to volunteer for service positions
Area communication with those in the community who interact with addicts.

Three suggestions for each area was developed:

1. Goal: More ASC Unity
   a. ASC Learning Day
   b. Foster respect and courtesy during Area meetings (Treat each other with mutual respect)
   c. Unify upper & lower parts of our Area (Ex: home-group road trips)
2. Goal: More attractive ASC experience
   a. ASC Learning Day
   b. Greeter position at Area meetings for welcoming all new addicts
   c. Host Committee – To provide snack/meal at ASC Meetings (fosters fellowship)
3. Goal: Increase communication with those in the community who interact with addicts
   a. Get Subcommittees more help (Increase participation & encourage self-drive)
   b. Contact professionals
   c. Attend community events. Reach out to high school guidance counselors & college health facilitators

Areas that were identified last year as needing growth that have shown improvement are as follows:

1. Treasurer Policy is being implemented
2. Subcommittee Chairpersons are now attending Regional Service Committee meetings

We would like to thank the RCM for attending/supporting our Area Inventory

New Business
Wichita's Dream which meets in Lansdale Rehab after Work on Saturdays at 4:00 pm, has not been attending the area for several months. It was found that the group has one home group member who is moving to New Jersey. Another home group from our area has been supporting the meeting but no longer able to do it. The members will be attending the Montco Area Service to see if Montco can better serve the group. If the meeting does not get any support to remain open, the keys will be collected and members who have been supporting the group will meet with the facility and thank them for allowing us to use their facility.

Donation: $1,244.76

Twin Rivers Area: RCM – Ralph F., Alt. RCM – Vacant.

Hi family. Addict named Ralph.
Twin Rivers Area of Narcotics Anonymous is doing well. HIPI split up into 2 subcommittees, H&I and PI. Last area we formed an Activities committee on area floor. Policy was sent to groups to review.

Open commitments are Vice Chair, Vice Secretary, Literature, Treasurer, Vice Treasurer, H&I, PI, Activities Chair, Alt RCM. Committees are filled by previous trusted servants until members step up for commitments.

We have no motions.
Our Regional donation is $600.

Regional Delegate Report: RD –Merle H.

Hello Everyone,

Area Support:
Over the last two months I have visited the Pure and Simple Area Service meeting, and the Montco Area Service meeting. I wish to apologize to Montco for being late. They were so efficient in their meeting, when I arrived late, they were just closing their meeting. Way to go Montco, and I will be more efficient myself (in my timeliness) in the future. I also attended the Pure and Simple Area Inventory. They have identified several areas of need and developed goals and actions plans to improve. If any other Area would like to do an inventory, I would be happy to help facilitate or go over how to do so, using either the Area Planning Tool, or a more updated tool, called Environmental Scanning.

World Wide Workshop:
I attended an interactive-style world-wide-workshop, which had sessions regarding service and recovery in NA Friday November 20-22, 2009. There were many interesting sessions, many of which continued with Issue Topic Discussions (Communication, Leadership, and Our Freedom Our Responsibility), which have been ongoing and updated over the last two World Service cycles. I continue to learn more about these and many other topics of local and global interest by attending workshops such as these.

Conference Agenda Report:
It is that time again, to be thinking about the CAR and setting some time aside in your homegroups (perhaps late February or March) to discuss and vote on the motions contained in the Conference Agenda Report. Any NA member, group, or committee can purchase copies of the CAR from the World Service Office for $8.00, including shipping and handling, or download the document for free from the website, http://www.na.org/conference
This location is password protected. The username and password are WSC2010
I have just begun to read this document to understand what we need to focus on for our region. If anyone has any questions, or wants to express the conscience of their area, please feel free to discuss this with me. I will then have a better feel of what you want me to say at the World Service Conference.

***Please let me know ASAP if your area plans on holding its own CAR workshop, or if you want me to hold a workshop for your area GSRs. I will also be happy to assist the RCMs if you plan on holding a workshop for your area.

Autonomy Zonal Forum:
The Autonomy Zonal Forum will be held in Baltimore on Saturday January 30, 2010. This is a meeting when our 6 regions (Central Atlantic Region, Chesapeake and Potomac Region, Eastern PA Region, Free State Region, Greater Phila. Region, and Mountaineer Region) meet to discuss common areas of interest, and to brainstorm ideas. The exact location and times have not been put out yet; I am waiting for the RD to send out a flyer with the details, but the information will be on the EPARNA website: www.eparna.org
The World Board has been invited to attend and they have accepted our invitation. Everyone is invited to attend this meeting, where we may get some early insights regarding the Conference Agenda Report.

MARLCNA:
MidAtlantic Regional Learning Convenference of NA will be held on February 12-14, 2010. There will be Regional Workshops, including presentations from all subcommittees, Meetings, and NA World Services will have a CAR update. This is where we will get insights and information from the World Service regarding the CAR. EPARNA will be holding two rooms; one for males, one for females. As of now, the rooms will be held for two nights, although that will be up for revision, depending on the commitment from the regional members. The rooms are for elected regional committee members. Please see me if you are planning on using one of these rooms so I can make proper arrangements.
Please make everyone in your areas aware that everyone is welcome to attend and it is a very interesting day of information.

I have included a 2010 budget, based on the anticipated expenses for the upcoming year. It is based on one person, at this time, since the region does not have an alternate Regional Delegate.

World Service Conference:
This event will be held from April 25-May 1, 2010. I plan on attending, providing the region approves this trip. The World Board has stated they plan on discussing alternative ways to organize our service system, and it is my opinion it is important that we have the opportunity to be heard.

Multi-Regional Event:
What is it? This is a unity event which will be hosted by three or four regions in Pennsylvania; Eastern PA Region, Greater Phila Region, and MidAtlantic Region. We have invited the Tri-State Region to participate and are still waiting to find out if they choose to be part of this event.
There will be a planning meeting for this event on Sunday December 13, 2009, at the Starlite Diner in Allentown at 11:30 a.m. It is open for anyone to attend. This is a brainstorming session for the actual event. Please come and offer some ideas for this novel event. Thank you to the Twin River Area RCM, Ralph, for attending our last planning meeting.

Thank you for allowing me to serve as your regional representative. Please let the members in your areas know the alternate Regional Delegate position is open.

In loving service, Merle H.

Correction: Change 'regional members' to 'elected regional committee members'

Subcommittee Reports:

H&I: Chair - John S.

We have three reports from P&S, Bucks and MontCo.

Jim S of MontCo: 15 commitments at time all covered. No officer's in place in January 2010. Jim from H&I said we are sharing the time with the area chair or co chair to come up to the regional H&I meeting.

Frank from P&S: Could not make it. He called. 7 meetings, 6 meetings running. Other meeting is Boys in Swenksville School for Youth, 12 to 18 years of age. They have no staff at meeting place. Justin R is the panel coordinator. He is still talking to the staff so when they hire additional staff the meeting will go on.
&I Learning Day will be January 30, 2010 at Stephon Church in Sellersville from 2pm until dinner is served. You can view directions on the Eparna website. They sent out a letter to the home groups asking people with 10 to 15 years to attend H&I meeting one night a week for 3 months. Frank will be stapping down in March, 2010.

Joe S of Bucks: 8 commitments, all are going well.

I am asking for $4.32 for letters for prisons and Reaching Out subscription order form.

Communications: Chair - Michael J. –

Greetings,
The Communications committee met in Nov and today. No Area meeting list chairs or area reps attended.
There is a new link on the menu of the website, AREA INFO. This link will allow visitors to quickly find the ASC meeting addresses and times.
P&S's H&I requested a place to host their 12 step list. I created a database and interface spot the list can be stored on the website. This list is password protected and will only be accessed by their committee. This same service is available to all areas and service committees. If your committee thinks they would like something similar, let us know.
Montco contacted me to look into why Regional Meeting Lists were not available at the RSO when their Meeting List rep went down to pick them up. I spoke to Philly, 10,000 new books came into the RSO last week. It is suggested that anyone looking to purchase books call ahead and place their order. The books will be pulled and held for you until you arrive to make payment. As always, you can purchase literature from the RSO and have it sent via UPS.
In Loving Service,
Michael J.

Phoneline: Coordinator – Tim R. (Presented by Michael J.)

Good afternoon family,

Our phone line has not been as busy. We had 100 calls into the phone line in October (64) & November (35). They broke down as follows: Meeting list-63; Info-4; 12 step-11; PI-2; family related-4; Out of Area-11; Hang up or WCB-15; WtR-0; Complaints-2. If you are doing the math that adds up to 112 calls. Once again, certain calls fall into multiple categories and for accuracy's sake they were recorded twice.

On November 7th, we held a phone line orientation in Twin Rivers Area. We had 9 new volunteers attend. I'd like to thank Russell P for organizing the event.

More will be revealed!

ILS,
Tim R
Phone Line Coordinator

Activities: Vacant

PI: Tom F – proxy

No one was here today.
We did hand out cards to MontCo, Bucks, P&S, Twin Rivers, Admin committee & RD.

One stamp was provided to replace the one MontCo gave to T.R.

I also handed in a bill for $184 to pay for stamps and cards.

ILS, Tom F.

Treasurers Report: Tim R – Treasurer

Report attached with e-mail.

*****B R E A K*****

Old Business:

Chair: Todd S nominated; Rina nominated herself 2nd by Michael J. 4-3 Rina
Co-Chair: Tom F 9-0
Secretary: Michelle C-withdrawn. Position open.
Co-Secretary: Position open.
Treasurer: Todd S 9-0
C-treasurer: Michelle C 10-0
H&I: John S 9-0
PI:
Activities:
Policy:
Communications: Michael J 9-0
RD:
RD Alt:

New Business from Areas:

Bucks County: none.
Montgomery County: none.
Pure & Simple: none.
Twin Rivers: none.

New Business from RD:

Motion: 2010 Budget (shown below) Motion made by Merle H. Passed 4-0-0

2010 Budget

January Autonomy Zonal Forum.....	Gas and tolls-	$ 50.00
February MARLCNA.....	2 rooms/2 nights	$380.00
CAR Workshops.....		
Regional Assembly.....		$300.00
World Service Conference.....		$600.00
Multi-Regional Event.....		$300.00
Total.....		$1630.00

New Business from Subcommittees:

H&I: none.
PI: none.
Communications:
Motion: To re-schedule the December Regioal meeting if it falls on the same day as the "WinterParade" to allow for easy access and parking on the month when region has elections Motion made by Michael J. No 2nd.
Activities: none.
Policy: none.

Open Forum:

Discussion went on about reading announcements at meetings. Many groups no longer read announcements or only read the ones pertaining to their own group. How will people hear about open elections??? Keep trying to spread the word!

Mark mentioned having a "Regional Election Day" to gain more interest. Tim R stated that would require a change to the policy. He also encouraged everyone to continue making announcements earlier and more often.

Motion to close by Michelle C; 2nd by Jaime B

Meeting closed with the Serenity Prayer @ xxx pm.

Upcoming Regional Meeting Dates:

Regional Services	Subcommittees
February 7th at 2 pm	January 3rd and February 7th at 1 pm
April 4th at 2 pm	March 7th and April 4th at 1 pm
June 6th at 2 pm	May 2nd and June 6th at 1 pm
August 1st at 2 pm	July 4th and August 1st at 1 pm
October 3rd at 2 pm	September 5th and October 3rd at 1 pm
December 5th at 2 pm	November 7th and December 5th at 1 pm

**Dates and times are subject to change.*