

# Eastern Pennsylvania Region of Narcotics Anonymous Regional Service Committee Report

## MEETING MINUTES

The EPARNA RSC Meeting was called to order on  
SUNDAY – FEBRUARY 3, 2013 at 2:17 pm by the Regional Chair  
with a moment of silence followed by the Serenity Prayer.

Vision Statement read by: Harry D.  
12 Traditions were read by: Kim D.  
12 Concepts were read by: Todd S.

## ROLL CALL:

| <b>REGIONAL SERVICE COMMITTEE</b>      |                    |               |                        |     |      |     |     |     |
|--|--------------------|---------------|------------------------|-----|------|-----|-----|-----|
| <b>POSITION:</b>                       | <b>NAME:</b>       | <b>AREA:</b>  | <b>ATTENDANCE 2013</b> |     |      |     |     |     |
|  |                    |               | FEB                    | APR | JUNE | AUG | OCT | DEC |
| Chair                                  | AJ B.              | -             | P                      |     |      |     |     |     |
| Co-Chair                               | VACANT             | -             | V                      |     |      |     |     |     |
| Secretary                              | Michael J (acting) | -             | P                      |     |      |     |     |     |
| Co-Secretary                           | VACANT             | -             | V                      |     |      |     |     |     |
| Treasurer                              | Sarah S.           | -             | P                      |     |      |     |     |     |
| Co-Treasurer                           | VACANT             | -             | V                      |     |      |     |     |     |
| Regional Delegate (RD)                 | VACANT             | -             | V                      |     |      |     |     |     |
| RD Alternate                           | VACANT             | -             | V                      |     |      |     |     |     |
| RCM Bucks County                       | Rick D. (Alt-RCM)  | Bucks         | P                      |     |      |     |     |     |
| RCM MontCo                             | Kim D.             | MontCo        | P                      |     |      |     |     |     |
| RCM Pure & Simple                      | Ed M.              | Pure & Simple | P                      |     |      |     |     |     |
| RCM Twin Rivers                        | Gentry L.          | Twin Rivers   | P                      |     |      |     |     |     |
| <b>REGIONAL SERVICE SUB-COMMITTEES</b> |                    |               |                        |     |      |     |     |     |
| <b>POSITION:</b>                       | <b>NAME:</b>       | <b>AREA:</b>  | <b>ATTENDANCE 2013</b> |     |      |     |     |     |
|  |                    |               | FEB                    | APR | JUNE | AUG | OCT | DEC |
| H&I Chair                              | Joe S.             | Bucks         | P                      |     |      |     |     |     |
| Policy Chair                           | Harry D.           | -             | P                      |     |      |     |     |     |
| PI Chair                               | Merle S.           | -             | P                      |     |      |     |     |     |
| Unity Chair                            | VACANT             | -             | V                      |     |      |     |     |     |
| Newsletter (Clean Sheet) Chair         | VACANT             | -             | V                      |     |      |     |     |     |
| Literature Review Chair                | VACANT             | -             | V                      |     |      |     |     |     |

Quorum: 4 out of 4.

Quorum is met.

Last Region's minutes (December) was read by: Michael J.

Correction to December Minutes: Under the Nominations/Elections, the comments for Policy Chair and PI Chair were swapped.

Minutes were accepted as corrected.

| AREA REPORTS                         |  |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
|--------------------------------------|--|----------------------|--------------------------|----------------------------|------------------------------|-----------------------------|-----------------------|-------------|-------------|----------------------|--------------------------|----------------------|--|
| AREA – RCM                           | REPORT   |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Bucks County –<br>Rick D. (Alt- RCM) | <p>Date: 2/3/13<br/>Donation: \$500<br/>Person: Rick D, Alt RCM Bucks</p> <p>Hell everyone, Bucks County is doing well. Our recent new years eve dance was a success. Our next event is Valentine Bowling Night - Friday february 15th 9:30 PM - 12:00 AM. \$16 for bowling and pizza, \$5 just for pizza.</p> <p>All basic texts that were donated to us by region were donated to H&amp;I and they were given to our area prisons.</p> <p>Bucks County will be having a convention, Bill S. was voted in as convention chair. The first convention committee meeting will be Sunday Feb 10th at 2PM at the 8744 Clubhouse, 8744 New Falls Road, Levittown, PA.</p> <p>New Meeting started Jan 15th<br/>Home At Last Group of NA<br/>Tuesdays 7:30 - 8:30 PM<br/>Trinity United Church of Christ<br/>1400 Buck Road<br/>Holland, PA</p>   |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| MontCo – Kim D.                      | <p>Hello family, MontCo is doing well. We have a total of 35 meetings, including a new meeting on Wednesdays at Grace Lutheran Church in Norristown from 12-1:15pm. There were some changes to our meeting list (which I have emailed Michael J. to be reflected on the website). At our December ASC Meeting, there were two separate motions made to our Area Sub-Committee positions. MontCo has liquidated/consolidated H&amp;I and Meeting List and put their responsibilities underneath the Public Relations (PR) umbrella. With that said, PR has appointed a H&amp;I Coordinator (Kelly W.), School Coordinator (Zach M.), Drug Court Representative (Kathy W.), and Meeting List Representative (unknown). All but one H&amp;I commitment is filled. We had nominations and elections, and have new elected members in service. See below.</p> <p>Our only vacancies are Co-Secretary and Alternate RCM. MontCo is also looking to move away from Robert's Rules of Order and more of a consensus-based decision making, and do away with Parliamentary. We have no other motions or requests for the Region. We also purchased a new P.O. Box that information is below as well.</p> <p>In Loving Service,<br/>Kim D.</p> <p><b><u>Trusted Servants for MontCo Area:</u></b></p> <table border="0"> <tr> <td>Area Chair – Todd S.</td><td>Area Co-Chair – Duane S.</td></tr> <tr> <td>Area Secretary – Carmen B.</td><td>Area Treasurer – Rochelle B.</td></tr> <tr> <td>Area Co-Treasurer – Paul C.</td><td>Area Policy – Eric P.</td></tr> <tr> <td>RCM –Kim D.</td><td>PR – Tim M.</td></tr> <tr> <td>Literature – Mike H.</td><td>Co-Literature – Larry E.</td></tr> <tr> <td>Unity – AnneMarie G.</td><td></td></tr> </table> <p><b><u>P.O. Box information:</u></b><br/>MontCo Area<br/>P.O. Box 482<br/>Norristown, PA 19404</p> <p>Regional Donation = \$154.78</p> | Area Chair – Todd S. | Area Co-Chair – Duane S. | Area Secretary – Carmen B. | Area Treasurer – Rochelle B. | Area Co-Treasurer – Paul C. | Area Policy – Eric P. | RCM –Kim D. | PR – Tim M. | Literature – Mike H. | Co-Literature – Larry E. | Unity – AnneMarie G. |  |
| Area Chair – Todd S.                 | Area Co-Chair – Duane S.   |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Area Secretary – Carmen B.           | Area Treasurer – Rochelle B.   |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Area Co-Treasurer – Paul C.          | Area Policy – Eric P.  |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| RCM –Kim D.                          | PR – Tim M.  |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Literature – Mike H.                 | Co-Literature – Larry E.   |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Unity – AnneMarie G.                 |  |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |
| Pure & Simple -<br>Ed M.             | <p>Pure and Simple Area: RCM: Ed M. Alt: Marc W. Donation: \$300.00</p> <p><b><u>UNITY</u></b><br/>The dance was an incredible success that went well beyond our expectations. We had clean time totaling well over 200 years!<br/>Our next event will be "Steps to Recovery 3"(Pure &amp; Simple Area's Learning Day). We are shooting for the end of March. More will be revealed.</p> <p>The Pure &amp; Simple was asked if we be interested in getting involved with the Literature Review of the upcoming Traditions Workbook? The response was a Yes, there is interest and willingness.</p> <p><b>OPEN POSITIONS @ AREA:</b></p> <p>Vice-Treasurer - 2 years clean time required<br/>Vice-Secretary - 6 months clean time required<br/>Policy Rep – Alternate - 18 months clean time required<br/>Vice-Chair, Literature - 1 year clean time required<br/><b>**As for the Qualifications/Duties and Clean Time Requirement – Please refer to PSANA Policy.**</b></p> <p><b>Next P&amp;S Area Service</b><br/>Feb. 10th @ 2:00 P.M.<br/>Unity Sub-Committee meets @ 12:45 P.M.<br/>H and I Sub-Committee meets @ 1:00 P.M.<br/>P I Sub-Committee meets @ 1:00 P.M.<br/>Literature Sub-Committee meets @ 12:30 P.M.</p> <p><b>Area meets @ St. Michael's Lutheran Church, 25 East Church St., Sellersville, PA, 18960</b></p> <p>As my term comes to a close I would like to thank the P&amp;S area for allowing me to serve in this position and to thank EPARNA for the guidance and support that everyone has given me along the way. Service is one of the greatest things we can do for our recovery and this position has definitely helped me grow in many ways. I would also like to thank my alternate, Mark W. for stepping up to the position of alternate with the hopes of becoming the new RCM.</p> <p>In loving service<br/>Addict named Ed</p>                    |                      |                          |                            |                              |                             |                       |             |             |                      |                          |                      |  |

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|------------------------------------|--|
| <p>Twin Rivers –<br/>Gentry L.</p> | <p>Hello Family</p> <p>Twin Rivers is doing well. We discovered that we had a problem with our debit card which caused us some back logs in literature and paying for some other things like renewing our domain name but we were able to get that issue resolved and get everything back on track. Our H&amp;I committee has grown and added a few new members; however, we did lose one of our most experienced member due to personal matters.</p> <p>Last month in an effort to resolve issues with meeting list inaccuracies we sent representatives to both the Pocono Mts Area and Little Apple ASCs. We have formally established liaisons with both areas as a point of accountability with regard to meeting lists. This move was received well by both areas and we believe will go a long way to helping us reach more addicts with in the 3 areas. This also helped further the dialog on creating the Ad-hoc committees to explore the creation of the Lehigh Valley Metro Services Committee. We are seeing participation from experienced members in all 3 areas even though a formal date and location for formal meetings has yet to be established. Little Apple has formed and ad-hoc committee to participate in our ad-hoc committee. Mike L has stepped up to chair the committee he can be reached at 610.504.1424 <a href="mailto:mrloy@yahoo.com">mrloy@yahoo.com</a></p> <p>We are also looking to do a phone line certification in April; an official date has yet to be set.</p> <p>We had a speaker Jam on December that was well attended in spite of the snow storm. Unfortunately our current chair has stepped down.</p> <p>One of our meeting closed, Just4 Today due to a lack of home members.</p> <p>This month or Regional donation is \$200.00</p> <p>Thanks for allowing me to serve,</p> <p>Gentry L</p> |
|------------------------------------|--|

| REGIONAL DELEGATE (RD) REPORT         |   |
|---------------------------------------|---|
| REGIONAL DELEGATE (RD) – RD ALTERNATE | REPORT  |
| <p>VACANT – VACANT</p>                | <p>RD information</p> <p>I attended the Autonomy Zonal Forum on January 26, 2013 in Glen Burnie, hosted by the Free State Region. We discussed if other regions had experience with Writing Steps in Recovery WSR. Central Atlantic Region is implementing a program, and Almost Heaven Region is writing policy, and has begun a program. As soon as their policy is complete, they will share that information with us. We conducted a zonal inventory, and the information can be found in the minutes on the AZF website. Please visit our website to see what is going on, and to make suggestions, so I can take them back to the zonal forum.</p> <p><b>AZF WEBSITE</b><br/><a href="http://www.autonomyzone.cprna.org/">http://www.autonomyzone.cprna.org/</a></p> <p>Next zonal in Greater Phila Region, July 27, 2013<br/>MARLCNA February 8,9,10. I will be going and would like to know that I have the region's support (non-financial) to speak for our region, if needed.</p> <p>In loving service,<br/>Merle S.</p> |

| SUB-COMMITTEE REPORTS |          |   |
|-----------------------|----------|---|
| SUB-COMMITTEE         | CHAIR    | REPORT  |
| H&I                   | Joe S.   | <p>H&amp;I Report - Joe S. H&amp;I Chair</p> <p>H&amp;I met with PI to discuss how to best merge to form PR (Public Relations) committee which went over well. We decided at next Region on 4/7/13 to meet at 12:30PM</p> <p>In attendance for H&amp;I were:</p> <ul style="list-style-type: none"> <li>Twin Rivers: Chair Rhalil 484-294-0223. Reporting 5 meetings that are going well. They are also trying to get a new meeting into West Easton Treatment Center and are working with their Area PI to take in presentation.</li> <li>Pure &amp; Simple: Chair Harry D 267-337-4560 and Co-Chair Adam M 267-718-8976 reporting 8 meeting including a new day meeting for Livengrin Outpatient on the 3rd Monday of each month. Also Adam M. will be taking over chair position starting in April</li> <li>Bucks: Chair Dawn B 610-420-4290 and Co-Chair Dustin B 267-650-0943 reporting 12 meetings. With a new meeting added to Today Inc. on Fridays. All commitments but one have been covered in past month to so subcommittee participation fluctuating. Bucks is also discussing with Bucks County Prison to add another male Adult and a female adult meeting every week. We have been in touch with Pure and Simple about help filling these commitments and Buck prison also lowered requirements for chair people and speakers. (1 year clean and off paper). They are currently looking for a chair person for the mens meeting on Thursday at the Bucks Prison. dawn would also like to know how to obtain NA/EPARNA Business Cards.</li> <li>Montco: Montco Area has merged PI, H&amp;I and Meetinglist into our new PR Committee . Within PR there is an H&amp;I Coordinator, Meeting List Coordinator, Drug Court Rep, Schools Rep and a Secretary.</li> </ul> <p>PR is developing a new policy to include clean time requirements from Area for trusted servants.<br/>We currently have 1 H&amp;I meeting that does not have a panel coordinator.<br/>Our new coordinators should be reaching out to other areas for help with the courts and schools.<br/>Tim M. is our PR Chair 610-751-9440</p> |
| Policy                | Harry D. | <p>I have spent the time since last region reading old minuets starting from March 2003 up to and including January 2012. This process has helped me understand why and how our region was formed. I will be making arrangements today with at least one but hopefully two executive body members to set a date and time to meet and with a consensus decide which previous passed motions need to be inserted into our Policy. I have read all the motions with an understanding of importance but still feel the need for assistance.</p> <p>This June will be EPNARs ten year anniversary the date of the first meeting to formulate our Region please all RCMs make your Area aware of this.</p> <p>I also spent some time looking into and reading up on the Consensus Decision Making Process and was impressed with the positive outcome I feel this will have in the direction we want to go.</p> <p>Thank You For Allowing Me to Serve<br/>Harry D<br/>2/3/13</p>  |
| PI                    | Merle S. | <p>We met today with the H&amp;I subcommittee to see how to best coordinate our services under a Public Relations model. This trial worked well although we decided we needed more time for our sub-committee meeting. We will convene at 12:30 at our next RSC meeting on Sunday April 7.</p> <p>1) Phoneline:<br/>Some of our PI members made phone calls to update our call list of members who are currently on our lists. This process is still ongoing.</p> <p>Total calls between Nov and Jan 24th... 148 total calls</p> <p>Nov-Dec 2012: 107 calls total<br/>Hang Up: 19<br/>Philly Info: 21<br/>Meet Info: 47<br/>Wrong #: 14<br/>Will Call Back: 6<br/>Non-NA Info Requested: 8<br/>Ride requested: 1<br/>Needed Call Back: 15</p> <p>Jan 1-Feb 2, 2013: 55 Calls in total<br/>Hang Up: 15<br/>Philly Info: 3<br/>Meet Info: 12<br/>Wrong #: 2<br/>Will Call Back: 5<br/>Non-NA Info Requested: 3<br/>Ride requested: 0<br/>Needed Call Back: 7</p>  |

|                          |        |  |
|--------------------------|--------|--|
|                          |        | <p>The scheduling coordinator of GPRNA to discuss coordinating the meeting list to work on the multi-regional meeting list's accuracy contacted us.<br/>The JAC from Philly informed the scheduling coordinator there would be a WCNA workgroup and one of their tasks will be to coordinate and update the meeting list information for the helpline. More of that information will be upcoming.</p> <p>2) We (EPARNA) would like to get with Reps from Meeting list, website and Phoneline from Philly on a day when neither region has a service day. Want to discuss efforts to make sure meeting list is accurate for Convention this fall. Want phonelines and meetings on web best they can be. how cna eparna help with problems with web servants in philly? etc</p> <p>3) The Marietta Ga WSR (Writing Steps In Recovery) Committee is wondering if there are any other WSR groups in PA? They are getting requests from PA Prisoners and are handling the requests for now, but would like to connect and coordinate with any other WSR committees.</p> <p>website: <a href="http://mariettana.powweb.com/?page_id=239">http://mariettana.powweb.com/?page_id=239</a></p> <p>"The primary purpose of this (WSR) committee is to provide written Narcotics Anonymous step guidance to any incarcerated addict desiring recovery within Narcotics Anonymous."</p> <p>4) On the Philly website, Naworks.org, the hotline page makes it look like the <a href="http://eparna.org">eparna.org</a> hotline # is for Philly... the two regions have no space between them.</p> <p>5) No word back from any regions needing literature; after speaking to people from some of those regions, I was informed they were doing all right, and they did not need additional basic texts.</p> <p>6) Website: see attached reports for a breakdown of web hits</p> <p>7) Meeting lists: Incomplete information for our meeting list makes it difficult to properly list group meetings. Closing time, address, formats that have abbreviations that do not match what are listed on our abbreviation list are examples of what is needed.</p> <p>In loving service,<br/>Merle S.<br/>Michael J.</p> |
| Unity                    | VACANT |  |
| Newsletter (Clean Sheet) | VACANT |  |
| Literature Review        | VACANT |  |

~~ BREAK ~~

Re-opened meeting at approx: 3:12PM

**TREASURY:** See attached PDF "2013\_02-eparna\_treasury\_report.pdf"

**OLD BUSINESS:**

**Hurricane Sandy:** AJ asked if anyone had followed up with Regions/Areas impacted by Hurricane Sandy. Merle had called and was told no additional support was required.

**Basic Texts:** The remaining 50 Basic Texts donated by the East Coast Convention to EPARNA were divided up, 14 BT to Montco and the other 3 Areas received 12 each. Division was based on number of Prison/Youth Detention commitments in each area.

**Newsletter:** RCM's should ask their Area's "What would you like to see in a Newsletter?" Also, ask if there are any members who would like to participate in a Newsletter publication.

**Nar-Anon Convention:** Mark W. shared that he will be taking a NA information table to the Nar-Anon Convention in Fort Washington, PA on March 1, 2 & 3, 2013. He needs volunteers and funds for literature and supplies. Volunteers should call Mark W at 267-258-3872

**Motion:** Financial Request of \$150 to purchase literature and some money to make change for literature purchases.

RCM ONLY VOTE: 4-0-0 Motion passes

**NOMINATIONS / ELECTIONS:**

**No Nominations – Take back to Areas**

**NEW BUSINESS:**

**No New Business**

**OPEN FORUM / ANNOUNCEMENTS:**

**Michael J.** – Pure & Simple had questioned if the minutes need to be password protected. The PR Handbook mentions it as a suggestion. Topic was discussed and the consensus was that NO, the eparna.org minutes do NOT need to be password protected

Remember, the Sub-Committees will be meeting at 12:30 at the next RSC on April 7<sup>th</sup>, 2013

Michael J. motioned to close, everyone agreed and we closed in a circle with a moment of silence followed by the Serenity Prayer.

| <b><u>EPARNA 2013 Calendar</u></b> |   |
|------------------------------------|---|
| <b><u>RSC Meeting</u></b>          | <b><u>RSC Sub-Committee Meeting</u></b> |
| Sunday, February 3 at 2pm.         | Sunday, February 3 at 1pm.              |
| Sunday, April 7 at 2pm.            | Sunday, April 7 at 1pm.                 |
| Sunday, June 2 at 2pm.             | Sunday, June 2 at 1pm.                  |
| Sunday, August 4 at 2pm.           | Sunday, August 4 at 1pm.                |
| Sunday, October 6 at 2pm.          | Sunday, October 6 at 1pm.               |
| Sunday, December 1 at 2pm.         | Sunday, December 1 at 1pm.              |